

AmIOK

Hotline
609-270-4524

Free 24/7, confidential services for
students who have experienced a
crime or traumatic event.

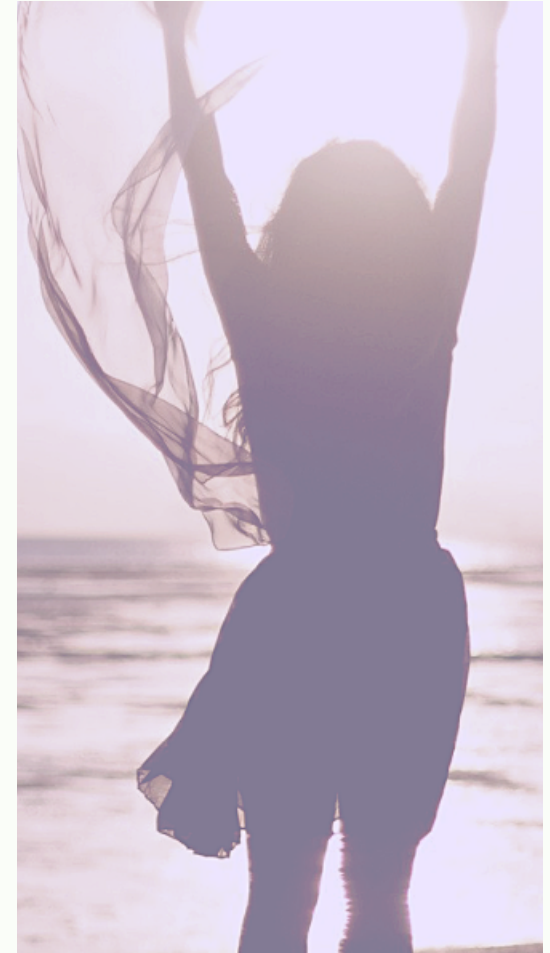
.....

To learn more about our program, scan
the code below using your
smartphone's camera!



email: amiok@tcnj.edu
Instagram: [@amiok_tcnj](https://www.instagram.com/amiok_tcnj)

Located at **TCNJ** THE COLLEGE OF
NEW JERSEY



Helping you answer the question
"Am I OK?"

.....

609-270-4524

Resources available 24/7

ABOUT US

The purpose of AmIOK is to create a safe and equitable place to access confidential physical and mental health care and information after a crime or traumatic event.

Receiving appropriate care is associated with higher quality of life outcomes for those who experience trauma.

AmIOK also offers trauma informed training and education, contact us at **amiok@tcnj.edu** for more information!

.....
Obtaining important medical and mental health follow up care can help limit the negative long term impact of trauma and lead to healing and growth
.....

ACCESSING OUR SERVICES

24/7 Hotline Number: **(609) 270-4524**

Students can access our free, confidential services if:

- They are enrolled in a college in Mercer County
- They have experienced a crime or traumatic event.

Note: The crime or traumatic event does not need to be recent or reported for the student to be eligible. Concerned friends and loved ones are also eligible for services.

What We Offer:

- Medical assessment and referral
- Assistance with understanding all support and reporting options available
- Post-medical follow up
- Individual and group counseling for the student and loved ones
- Transportation and accompaniment to the local emergency room
- Peer2Peer support groups and racial trauma workshops.
- Available to respond and help with traumatic crisis events on campus

Students can choose to receive any or all of these services based on individual needs.

STUDENT INVOLVEMENT

AmIOK prioritizes student voices and involvement. Student opportunities include a variety of volunteer and internship positions.

Students and organizations interested in partnering with AmIOK are encouraged to contact us for more information about these opportunities at **amiok@tcnj.edu**.



.....
Your care is your choice.

AmIOK is committed to supporting and empowering survivors to make informed decisions about their care and their options.
.....